

Clinical Nursing Skills and Techniques, 10th Edition

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UNIT 1: SUPPORTING THE PATIENT THROUGH THE HEALTH CARE SYSTEM

1. Using Evidence in Nursing Practice
2. Communication and Collaboration
3. Admitting, Transfer, and Discharge
4. Documentation and Informatics

Unit 1 Next Generation NCLEX (NGN)-Style Unfolding Case Studies

UNIT 2: VITAL SIGNS AND PHYSICAL ASSESSMENT

5. Vital Signs
6. Health Assessment

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UNIT 3: SPECIAL PROCEDURES

7. Specimen Collection
8. Diagnostic Procedures

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UNIT 4: INFECTION CONTROL

9. Medical Asepsis
10. Sterile Technique

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UNIT 5: ACTIVITY AND MOBILITY

11. Safe Patient Handling and Mobility (SPHM)
12. Exercise and Mobility
13. Support Surfaces and Special Beds

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UNIT 6: SAFETY AND COMFORT

14. Patient Safety
15. Disaster Preparedness
16. Pain Management
17. End-of-Life Care

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UNIT 7: HYGIENE

18. Personal Hygiene and Bed Making
19. Care of the Eye and Ear

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UNIT 8: MEDICATIONS

20. Safe Medication Preparation

21. Nonparenteral Medications

22. Parenteral Medications

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UNIT 9: OXYGENATION

23. Oxygen Therapy

24. Performing Chest Physiotherapy

25. Airway Management

26. Cardiac Care

27. Closed Chest Drainage Systems

28. Emergency Measures for Life Support

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UNIT 10: FLUID BALANCE

29. Intravenous and Vascular Access Therapy

30. Blood Therapy

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UNIT 11: NUTRITION

31. Oral Nutrition

32. Enteral Nutrition

33. Parenteral Nutrition

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UNIT 12: ELIMINATION

34. Urinary Elimination

35. Bowel Elimination and Gastric Intubation

36. Ostomy Care

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UNIT 13: CARE OF THE SURGICAL PATIENT

37. Preoperative and Postoperative Care

38. Intraoperative Care

Unit 13 Next Generation NCLEX (NGN)-Style Unfolding Case Studies

UNIT 14: DRESSINGS AND WOUND CARE

39. Wound Care and Irrigations

40. Impaired Skin Integrity Prevention and Care

41. Dressings, Bandages, and Binders

Unit 14 Next Generation NCLEX (NGN)-Style Unfolding Case Studies

UNIT 15: HOME CARE

42. Home Care Safety

43. Home Care Teaching

Unit 15 Next Generation NCLEX (NGN)-Style Unfolding Case Studies

Appendix A: Answers to Chapter Review Questions

Appendix B: Answers to Next Generation NCLEX (NGN)-Style Unfolding Case Studies